

Taipei's East District With Advice from Experts.

Go find the remedies @ the East District



富邦藝術基金會 www.fubonart.org.tw

Map of Taipei East District with 26 numbered locations for various remedies and services. Includes street names and MRT station markers.

Sunday Dirt Terminator Day

Symptoms The clean people perhaps wouldn't consider The 400 Blows as their favorite movie but Gattuso would probably top the list. Even the unmarried men are found in online clubs where moons gather to share the most efficient appliances for household cleaning.

Food Yihotang This prescription helps with hand-eye coordination for the clean people. What is more comforting than "seeing is believing"?

Home Home Hotel DA-AN This prescription offers head-to-toe cleaning. Home Hotel DA-AN just opened in May, and it oozes with a scent that not even master perfumers can concoct.

Goods i prefer collect Zhongxiao This prescription makes cleaning ever so fashionable. i prefer sells clothes and also Claus Porto, a soap brand from Portugal.

CAFE simple No. 34, Ln. 233, Sec. 1, Dunhua S. Rd. +886-(0)2-8773-6965 Sun to Thu 10:00-21:30, Fri to Sat 10:00-22:00

Suitable For Persistent cleaning, Wet tissue, and the quote "One should be mentally clear, morally pure, and physically tidy." - Anton Pavlovich Chekhov, Russian writer

Monday Hermit Day

Symptoms Do you love yourself too much or are you socially impaired? You understand that the charm of staying at home is far greater than throwing a fabulous party. The hermits are suffered from being picky about seeing and being seen.

Food CAFE simple This prescription targets gastric reflux as being a hermit. There is no sign that will point you to the CAFE simple, which makes it harder to be found than the platform 9¾ in Harry Potter.

Headline HEADLINE AN-HE This prescription prevents you from hearing the love affairs of people sitting next to you. You prefer the priority seat on public buses and always sit at the end of the metro.

Goods Figure21 This prescription provides the tranquility needed when trying on bags. You may think that you have entered into a shop, but it is actually an atelier. The air inside is filled with creativity and intense concentration.

CAFE simple No. 447-24, Guangfu S. Rd. +886-(0)2-8786-0810 13:30-23:00, closed on Tue

Suitable For Calmness over hastiness, Headphones, and the quote "False language is less sociable than silence." - Michel de Montaigne, the philosopher of the French Renaissance

Tuesday Foodie Day

Symptoms Strawberry pancakes, honey toasts, or that one amazing dessert infused with vanilla beans from Madagascar are frequent topics of discussion for the foodies. You won't find them at your run of the mill dive bars after work, but instead, they are at Bistronomy enjoying gastronomic delights accompanied by red or white wine.

Food PEKOE Grocery Store This prescription nourishes the foodies with well-chosen ingredients. This grocery store plus café combines with a higher credibility before you even take a bite because of its food writer owner.

CAFE simple No. 7, Ln. 295, Sec. 1, Dunhua S. Rd. +886-(0)2-2700-2602 12:00-20:00 (daily)

Goods Marimekko This prescription targets those who are fashion thirsty even in the kitchen. Jackie O once bought seven dresses from them; Carrie Bradshaw also strutted in Sex and the City wearing something by Marimekko a few times.

CAFE simple No. 49, Ln. 177, Sec. 1, Dunhua S. Rd. +886-(0)2-8773-5808 12:00-21:30 (daily)

Suitable For Sharing is Caring. Products nearing their expiration dates and restaurant franchises Trust your own fine palate, and the quote "Tell me what you eat, and I will tell you what you are."

Wednesday Infographer Day

Symptoms The infographers that we are talking about here involves people that strive to be concise yet comprehensive and believe that simplicity is best. People with these characteristics believe that French-style elegance doesn't have to always involve a long and strenuous dimming ritual.

Food Fen-Lan Home Kitchen This prescription targets foodies of few words. No need to check out the menu at Fen-Lan Home Kitchen, because there isn't one. Just tell them how many people and the per-person budget, and a delicious meal will be ready for you shortly.

CAFE simple No. 38, Songren Rd. +886-(0)2-6622-8018 06:30-21:30 (prices differ in times of a day)

Goods Skills - cooking school This prescription cures the misconception that "Real men don't cook". This is a cooking school established by an Italian culinary professional, with a variety of cooking classes including Italian, Korea, French and Thai.

CAFE simple B1, No.21, Ln. 31, Sec.1, Da'an Rd. +886-(0)2-2711-0707 10:30-18:30 (daily)

Suitable For Make good use of Instagram Infographic, and the quote "Since I'm inarticulate, I express myself with images." - Helen Levitt, American photographer

Thursday Information Glutton Day

Symptoms Dwelling in today's digital era, those who fight against information gluttony need at least terabyte capacities in cloud, and Evernote is their must-have digital workspace for storing information. There is a perpetual tug-and-pull between "what we understand" and "what we think we should understand", and the need of coming out on top is pursued with a great might.

Food Perch Cafe This prescription cures desires of the eye and mouth. A floor-to-ceiling bookshelf is this coffee shop's most eye-catching set-up, and it stays open till 11p.m. The owner worked at EsLite for many years and has an undying love for coffee and also books.

CAFE simple No. 20, Ln. 30, Sec. 4, Xinyi Rd. +886-(0)2-2702-7635 14:00-23:00 (daily)

Goods NEUI This prescription cures your unyielding competitiveness. Newly released is something that you can't resist. On-trend is your bottom-line. Mainstream is a big no-no, and to push beyond the line is crucial for winning.

CAFE simple No. 5, Ln. 236, Sec. 1, Dunhua S. Rd. +886-(0)2-8772-8021 12:00-21:00 (daily)

Suitable For Building your personal channel Portable battery chargers, and the quote "If you give up now, the game will be over." - Coach Anzai, one character from the manga series, Slam Dunk

Friday Non-Stopper Day

Symptoms Being overactive can be a form of physical release or liberation on the spiritual level. The way that the world turns seems to be a slow motion montage in your eyes. The whirlwind pace in The Fast and the Furious is right up your alley. You can't stand any still time besides sleeping, and you will never be seen buying towels, because you already have more than enough free towels you received from completing different marathons throughout the years.

Food Rest & Run This prescription offers social etiquette for non-stoppers. When to eat? What to eat? How to eat elegantly? These are lessons which all non-stoppers need. Rest & Run is Asia's first restaurant catered to marathon runners, and it proposes that people should eat after running, and they should eat fine French food, and a shower is a great idea before eating.

CAFE simple No. 51, Ln. 240, Guangfu S. Rd. +886-(0)2-2771-1878 11:30-14:30 / 17:30-21:30 (daily)

Goods Concrete Surf This prescription targets the impulse to show off your skills. To tame gravity is mankind's most romantic impulse. Fusing together skating and swimming, surfing is a great extreme sport for the hyperactive souls out there.

CAFE simple No. 75, Ln. 187, Sec. 1, Dunhua S. Rd. +886-(0)2-2720-2867 14:00-23:00, Sat to Sun 12:00-23:00

Suitable For Jack Russell Terrier, soulmate for the non-stoppers, makes a great pet for you Gardening An electrolyte, and the quote "...the need to allow atoms to make unpredictable deviations from the straight line, thereby ensuring freedom both to atoms and to human beings." - Italo Calvino, Italian journalist and writer

Saturday Object Worshipper Day

Symptoms Those that are infatuated with particular objects may mistake someone's question of "What's the point of buying this?" as a highest form of compliment. They pride themselves in overlooking practicality, resisting trends, and undermining cause-and-effect. You might find them cramming an Eames Lounge chair in a small 33 square meter studio apartment, or insisting on using an antique blood pressure monitor from the Japanese Showa Period rather than a digital one.

Food L'Orchidée X One Fifteen This prescription helps object worshippers to eat well. Refusing to eat out because of the utensils is not only observed in the clean people but those with object infatuations as well. Lace-covered light bulbs with Royal Copenhagen utensils and industrial style collaged cypress table are what you will see here.

CAFE simple No. 92, Sec. 1, Da'an Rd. +886-(0)2-8773-0115 12:00-21:00 (daily)

Goods VVG Chiffon This prescription helps object worshippers to find specific spare parts and offers creative source codes. Looking for a statement button or a thread with highlighting effects? Feel at ease because you can find what you need at VVG Chiffon, such as fabric-covered buttons, shell buttons, all kinds of threads, yarns, laces, fabrics, etc.

CAFE simple No. 18, Aly. 40, Ln. 181, Sec. 4, Zhongxiao E. Rd. +886-(0)2-2751-5313 12:00-21:00 (daily)

Suitable For Hiring a mover Moving everything on your own "Do not also befriended a person with no infatuation for he has no true feelings." - Chang Tai, late Ming and early Qing Dynasties prose writer